

The New Citizen

February 2005

Issue 2

The Voice of the LINC Students at Holland College

SPECIAL THANKS

The New Citizen would like to thank the PEI Newcomers Association for posting our newspaper on their website. It can be found at www.peianc.com. If you would like to submit an article or advertisement, contact Kamal Rahim at kamalrehuf300@hotmail.com

Who
was
Abdel
Atron?



REMEMBRANCE TO A FRIEND By Samuel Sanchez of Colombia

I met him last summer in 2003 in Charlottetown, PEI. After that we became friends in English class in the LINC Program at Holland College. He and his wife Nora were always very noble and friendly. His life passion was his baby Kadija. Their home was a magnanimously peaceful place. On his daughter's first birthday, Nora and Abdel invited their African friends and my family to their house. Everyone enjoyed it very much. They went to Ontario with the hope of finding work and to make good money to send to their family in Sudan. Abdel lost his life in an absurd car accident. Peace be with him and heartfelt sympathy to Nora, Kadija, and his family in Sudan. Goodbye dear friend, we will always remember you.



Muslims Celebrate

By Karima Temor
from Afzahnistan

Muslims have two special religious days a year, one of them is a three-day holiday called Edit Ramadan, which happens after 30 days of fasting. The second one is Edit Qrbanl, which comes two months and ten days after Edit Ramadan. Some Muslims according to the Muslims law (Shari yet) go to Mecca and Medina for praying and worship. On the first day of each Edits, all Muslims go to the mosque after the sunrise for prayer and to visit each other. After prayer people who have enough money will sacrifice animals such as cows, sheep, or goats in the honor of God (Allah). Both Edits holidays are happy days for all Muslims. They have to celebrate. Some Muslims go to their parent's, friends and relative's houses. They say to each other (Edit Mob ark) "Congratulations!"



LINC students gather outside the school doors at Holland College after a second large blizzard hits Charlottetown within two weeks. Students have had two days of cancellation and two days with delays. Many students have never experienced snow like this before.

Election in Iraq

By Kamal Rahim from Iraq

Questions after Iraq elections. Despite fear and instability, despite many doubts about how elections would be held in an insecure situation and despite the snowy weather of Kurdistan region, finally the elections successfully have been held in Iraq. Not only the United States and its allies did believe that the Iraq elections were successful but even Anti-war countries did so. Since it was the first multi-party elections for more than 5 decades, many Iraqis as well as others from different countries look at the Iraqi future with hopes and prosperities. Nevertheless, the question here is that will this election make Iraq a secure country? Will this election unite different ethnic and religious groups in Iraq? For example, the issue of the second largest nation in Iraq-Kurdish minority- which still they do not have their simplest rights, their rights as a nation. Therefore, the main point here is seeing a bright future in the horizon of a new Iraq. Looking forward to an Iraq where the rights of all different ethnic groups are preserved, a democratic, federal and modern Iraq.

Congratulations on New Business Venture



LINC students Feng Liu and his wife Jin Yan Xi (left) meet with MP Shawn Murphy and UPEI professor Ying Wei Wang at a luncheon held at the Charlottetown Hotel on Friday, January 29. Feng and Jin Yan are opening Charlottetown's first and only Asian Food Mart on February 1.

Comments from Our Readers

"Just wanted to tell everyone how much I enjoyed "The New Citizen" It was so very interesting! So much variety in content and graphics, good information and very much from the heart. Congratulations for a job well done and keep up the good work."

Lorraine Beck
PEI Association for Newcomers to Canada

"I had a chance to read your LINC Newsletter this morning and wanted to tell you what a great idea it is. The international students you provide language instruction for are so interesting and bring something to the College no other group does. We should pay more attention to this group. I really liked the newsletter and thought I would pass that along."

Donna Sutton
Assistant Registrar Holland College

"The newsletter is great. It reflects the closeness of your group and the joy of learning. Thanks for doing this. For those of us not close to students, it is a nice reminder of why we do the craziness we do! Thanks."

Jeanette MacAulay,
Vice President Holland College

Dear LINC Classes,
I enjoyed your newspaper very much. I missed the picture of the ESL class at Colonel Gray that Jun Ha Lee took. Did it not turn out? My students will be disappointed. I will look forward to the next New Citizen.

Myra Thorkelson,
Department of Education

Hi LeeAnn and Mary B,
How are you today? I hope everything is fine. Really, I miss you and the rest of Holland College's teaching staff. Honestly speaking, I feel better when I view the CD "LINC Photos" prepared by you. That gives me lots of inspirations and feel untired of going through these photos. I will feel better if you extend my salutation to the instructors of Holland College. I wish you all the best.

Sincerely your,
Lansana Kromah
(Former LINC student from Liberia currently living in Ontario)

I would like to extend my congratulations to the creators of the first New Citizen newspaper. I am impressed with the sense of pride and team work that is evident in your first production. Your articles and your sincerity will help make all of us prouder to be Canadians.

Dick MacDonald,
VP Finance, Student & Administrative Services
International Department

I want to offer my congratulations to the LINC staff and students on the production of your newspaper. The process of putting it together makes a significant contribution to the development of language skills for participants in the program, it makes their learning come alive. It is an excellent project and everyone should be proud of the results. Good luck with future editions!

Jake Baird,
Director of Adult Education

A Friend in Need is a Friend Indeed

By Feng Liu and Jin Yan Xi from China

It was terrible on the morning of Jan.17. A lot of schools and malls were closed. So many husband and I stayed at home. Our phone rang at 9:00. It was friend Hong. He told me, his car wouldn't move in the road. He needed help. If the weather remained bad, when his wife finished work, he wanted us to pick her up for him. At 4:00 in the afternoon, we left our home and dug our car out of the snow. Because the road wasn't cleaned at this time a lot of snow fell in our shoes and the strong winds prevented us from opening our eyes. We cleared the snow near our car in a short time. We saw nobody on the road close to our apartment and visibility was about 100 feet. We drove our car carefully. We arrived at her company and took her to our apartment because the road to her home was closed due to heavy snow. Then we had to come back home, we drove very carefully. We cooked a big dinner for her. After dinner the weather didn't turn better, still heavy snow and big winds prevailed. We only stayed at home. The next morning the weather was better. We took her went to work and took her husband to the CAA company. He took back his car. Then we went to school and we didn't get to school on time. But we were very happy to help people

Major Reported Tsunamis

By Victor Munoz

PUERTO RICO: In 1787 may 2 . 8.0 grades scale. Number undocumented of people died. In 1867 November 18. 7.5 grades scale. Number undocumented of victims
INDONESIA: 1883 in Krakatoa Volcano. 36.000 people died and destruction.

JAPAN: 1896, 26.000 people died

PUERTO RICO: 1918 October 11, 116 people died, 7.5 grades scale Richter.

EASTERN NEWFOUNLAND: 1929, 28 people killed by a 12-meter high wave.

JAPAN: 1933, March 03. 3.000 people died.

ALASKA: 1946, 5 people died

HAWAII: 1946, 159 people died, affected **ALASKA**, 5 people died; and **CHILE** too number undocumented of victims

SIBERIA: KANCHATKA, November 04, 1952, Number undocumented of victims.

CHILE: 1960, 10.000 people died , 7.5 grades scale Richter .

ALASKA: ANCHORAGE, March 27,1.964, 120 people died, 8.4 grades scale Richter, by a six meters wave

PHILIPPINES: August 17, 1976; 8.000 people died

JAPAN: 1983, 104 peoples died in the western section killed.

COLOMBIA SOUT AMERICA: May 12,1982; Pacific Ocean. Detroit two towns and 600 peoples died.

JAPAN: July 12, 1993; 202 peoples died, wave 5 meters high.

In the Pacific Ocean, there were 17 Tsunamis from 1992 to 1996, and they took nearly 1.700 lives in Chile, Nicaragua, end Mexico.

INDONESIA: JAVA, June 03, 1994, 3.000 people killed.

NEWGUINEA: July 17, 1998, 3.000 people died; 7.1 scale Richter.

The **KING TSUNAMIS IS:** December 26, 2004 in south – East ASIA **226.000** peoples killed, 9.0 scale Richter

Uzbek Palo Rice Dish

By Karima Temor from Afghanistan

250g oil (reduce oil if preferred)
1 onion
4 carrots cut julienne
½ kg meat (any kind)
50g tomato sauce
Long grain rice (amt. water depends on how many people)
1/2tsp. cumin seeds
Salt



Wash rice and leave in warm water for 1 hour to become soft. Heat oil in pan Add chopped onion and cook until brown. Add meat and cook. Once meat is cooked add carrot sand tomato sauce. Mix well and simmer. Add water (amount depending or rice). And place lid on pot and simmer for 15 minutes. Add the rice and boil until the rice is cooked. Sprinkle the cumin seeds over the mixture place lid on pot reduce heat to low and leave for 15 minutes. Mix together. Now Uzbek Palo ready to eat. Have a good lunch.

Beauty Advice

From Miriam

By Miriam Bahkshendah



Take a small towel, put it in hot water and then put it on your face. Do that about 2, 3 times, after that wash you're face with cold water. Then dry you're skin and use some cream. And you'll see that your skin will be soft, smooth and very tender.

About Afghanistan

By Nazar Bahkshendah from Afghanistan

Afghanistan is a very hot, dry, mountains country.

Before the war, the population of Afghanistan was 36,000,000.

Now, the population is 28,000,000. This country is situated to the east of Iran, and North of Pakistan. There is a lot of gold, iron and gas in this country. There are many big cities of which Kabul is the capital. Also, many people live in the country. These people grow apples, grapes, corn and potatoes. They also raise cows, sheep, and lambs.

For the past 26years, my country has been in war. Now with the help of the Western world, Afghanistan is trying to rebuild itself. Many of these wars were fought in Afghanistan by outside countries trying to get control of Afghanistan because it is strategically placed in the Asian world. It is considered by many to be the "heart" of Asia.

Before the wars, it was a great tourist attraction for many people, especially the Buddhists

DID YOU KNOW...? In Canada, it is a sign of respect and courtesy to arrive ten to fifteen minutes before a meeting time. It is also expected that a person will call ahead to arrange a meeting time.

Healthy Meatloaf Recipe

By Yolanda Rebolledo from Colombia

Ingredients:

1½ pounds extra lean ground beef. 1 egg
 ½ teaspoon pepper 1 medium onion (chopped)
 1 tablespoon dried parsley ¾ cup finely chopped celery
 ¾ cup oatmeal (uncooked) ¾ cup milk (your choice)
 ½ cup ketchup 1 teaspoon dry mustard
 1 clove garlic (pressed) 1/8-teaspoon salt (optional)

Preparation: - Preheat oven to 325 degrees. Place all ingredients in a large bowl and mix well. Place the mixture in a loaf pan and bake for 1 hour. Serves 8.

Winter Can Be Dangerous

By Elsa Sanchez from Colombia

Winter is nice, but we will have to be careful because a slip on the ice is sufficient for going to the hospital. This experience happened to me last December 8, 2004 in front of Holland College when I slipped on my bicycle on the black ice and suffered a broken right ankle... so the Doctor said to me "Good bye parties, good bye dances, we need to put a cast on your leg for two months and you must keep it up" The winter is nice but it's very dangerous!



Fear of the Future

By Ruth Mathimy (Sudan) & Kamal Rahim (Iraq)

According to the United Nations until the end of the year 2004. Poverty and Hunger level has increased in most of the developing countries. There were at least 137 million fewer people living in extreme poverty in 2000 than in 1990. If this continues 363 million more people will avert extreme poverty by 2015 (Canadian geographic.ca).

It is also stated that more than 20 million people have died as a result of aids, of which 2.1 million are children, 70% of these people are in sub-Saharan Africa. Also, although there is more enrolment in schools, 800 million adults are illiterate, 115 million children, the majority are girls. This shows that women are still not in school. This is not only Africa's problem but the whole worlds too. The question is what can we do?

By Lena Udalaya from Russia

My Country Russia

This is a history about Russia. Russia is a very big country In Russia nature is wonderful. There are many forests plains and rivers. In the forests live bears, wolves, foxes and moose. In the forest there are different trees: spruce, elm, birch and oak.

The capital city of Russia is Moscow. The second capital city is St. Petersburg. Moscow is very big and beautiful and it is standing on seven hills.

The Moscow Kremlin is the main ensemble. The Moscow Kremlin is one of the most celebrated architectural ensembles in the world. It is known today as the heart and soul of Russia. In Moscow live very many people. Russian people are strong, interesting, and happy people. Also Russian people have big souls. They have secret souls. I love Russia and love Moscow and writing about my country. "Dear is my Russia! Gold is my Moscow!"

Articles from the LINC Students

By Walker Jibba from Liberia

The Unfailing Memory

Sangay still remembers that fateful day—a bright Saturday morning. The sun had just begun to glow from the horizon. Children were playing in puddles of water. One could hear the chirping of insects and birds. And the sweet aroma of hibiscus flowers filled the air.

It was an uncomfortable memory for a 12-year-old girl whose only surviving parent was abducted and killed by rebel forces during the Liberian civil war. Her mother had died a day after giving birth to Sangay. That was 12 years ago. Today, she lives with a distant cousin in Abidjan, Ivory Coast, as a refugee. Sangay, now in her 20s, relates her story in ways that prick the human emotions. It's one that shows the dark side of humanity. Civil conflicts in Africa abound with such horrifying, gory stories of unrestrained brutality, rape and the cold-blooded murders of innocent, unarmed people. Over 300,000 people died in the Liberian civil conflict, which lasted for 15 years. Nearly half a million people were displaced in the country. Another million became refugees in African, North American and European countries. It was one of Africa's deadliest civil conflicts, then.

It's now 16 years since the Liberian war ended, and peace is still shaky—and elusive. Many people, including Sangay, are still trapped in refugee camps, where conditions get worse day in, day out. That's what violent conflict does to a people—a whole nation. It destroys people's capacity to improve their lives. It hijacks people's creative energies and reduces them to subhuman. Bad memories linger in people's minds, and hope turns to despair and hate.

In many ways, Sangay's situation symbolizes the plight of victims of civil conflicts in Africa and other developing countries. It's hard for them to forget those bad memories for they never seem to go away. And Sangay does not forget that ill-fated Saturday morning when her father was taken away amidst wailing and pleads for mercy.

"Goodbye Dear Friend"

By Artist Samuel Sanchez of Colombia



By Hadzira Hassan of Afghanistan

I want to tell you a story about how people got married in Afghanistan 70 years ago. My grandmother said, "In those times weddings were very different. Men did not see their brides before marriage. A girl would marry at 9 years old of age, while a man got married after 20. The girl didn't know when she would get married." My grand mother was going to her friend's house when her mother told her that she would get married. If the wife didn't have a baby in one year after marriage her husband would marry another woman. If she had a baby after two years the man could marry another woman. One man could get married to four girls and live with them in one house.

By Yumi MacLeod from Japan

My interest story is about the people of Japan who have suffered a lot of disasters in the past year. There was a typhoon and an earthquake along with a kidnapping. Japan had such a difficult time last year. My heart was full of sorrow. Also my uncle-in-law was very sick and passed away last week. I liked him very much. Life can be very sad.

By Aritho Amfoubalela from Congo/Russia

I came to Charlottetown two months ago. I like reading, watching TV (news), and listening to music. Sometimes I don't read books because my English is limited. Last week, I watched the TV news. It talked about Canadian politics. The former premier of New Brunswick has been appointed ambassador to US. Many Canadian people in New Brunswick and P.E.I were very happy because they said he would be very good for the Atlantic Provinces. He worked a long time, and knows this work.

He said, that, he has a very good rapport with the Bush family. He will work for Canadians interested in politics, and economy as well as Canada. I'm happy because he knows politics, and diplomacy very well. Last week too, the primer minister of Canada Paul Martin and Kofi Annan, were in Sri Lanka. They said there is much work to do and Canada will help the people with their great tragedy. I like Canada and the Canadian Government because they help people, at difficult moments. They also help strangers.

This is very good for the people of P.E.I. to listen to my words in this paper. I'm happy in Charlottetown. It is a very nice. Everybody watches T.V. on the C.B.C. news channel and A.T.V. and Radio Canada; you will be happy and get much information. Another show I like is Just for Laughs Gags. enjoy Canadian T.V. shows very much.

By Nasim Amiri from Afghanistan

My name is Mohammad Nasim Amiri. I like sports especially soccer and volleyball I played on a team in the army in Kyrgyzstan. I played forward and my team was very good. We played in different school tournaments. I like volleyball. I played on an Afghani team in Bishkek. I would like to play soccer and volleyball in Charlottetown. In Charlottetown there are very good people. I met many very nice government people. Thank you my teachers.

Humour From Around the Globe

By Ibrahim Kargbo from Sierra Leone



The Wolf and the Heron

The Wolf had swallowed a fishbone and went to ask the heron to pull it out of his throat. "I will reward you handsomely for your help," he promised the heron.

The heron agreed and, in an instant, put this long beak down the throat of the Wolf and pulled out the fishbone. At this, the wolf thanked the heron and began to walk away.

"What about the reward you promised?" the heron shouted after him. "What?" the Wolf replied. "You put your head between my jaws and I didn't bite it off! Isn't that reward enough?"

Interview
with LINC 2
Instructor
Dean
Sexton
By Kamal Rahim
from Iraq



Q: You have lots of experience in teaching. How do you see this program for newcomers?

A: This program is essential for newcomers because they "must" know English in order to function adequately in the work place and to integrate into the Canadian culture.

Q: Do you think this program is better and faster for learning?

A: I do not think there is any program better or faster for learning because how fast a person learns is relative to many factors such as: academic background, motivation, personal well being and personality. In addition, such things as classroom climate, pacing, and how the instructor makes the students relax are more relative to how a student progresses than any particular program he/she may be in. I believe that a student must be ready to learn and feel comfortable and relaxed in his/her learning environment. Furthermore, they must be able to see their progress from day to day but at the same time feel challenged and inspired. If an instructor loves his /her job, then this should rub off on his /her students.

Q: Do you see any difference between men and women's learning? What is your opinion?

A: I do not think there are any great differences between men and women's learning. Rather, I believe how one is motivated to learn is more important than what gender a student is. However, I have observed that female students, in general, seem to have many more outside responsibilities than their male counterparts. Many times these responsibilities cause female students to miss classes. This sometimes slows down their progress. In spite of this, women generally complete their assignments better and faster than men.

From Korea...

By Jun Ha Lee



The dog says, "Please."

The dog's owner says, "The person who took away the feed container, return it to my dog. She can't eat her food. Please give it back! She pleads."

Reference: The dog is a famous Korean Jindogae. Jindogae is a very brave, smart and faithful dog. So the dog is very expensive.

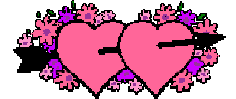


"Don't be angry, this is a sign of luck!"

By Samuel Sanchez from Colombia

Valentine's Day Cocktail

By Yolanda Rebolledo from Colombia



Double Berry Martini

- 1 pouch raspberry drink mix
- 2 cups water
- 2 cups cranberry juice.
- 1 1/2-cup vodka
- 2-cups club soda or sparkling water.
- 6 frozen cranberries

Empty drink mix into large pitcher. Add water, cranberry juice and vodka stir until drink mix is completely dissolved. Refrigerate at least 1 hr or until chilled. Stir in club soda just before serving. Spoon cranberries evenly into 6-martini glasses top with beverage mixture. Makes 6 servings



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LET'S LEARN ABOUT....

By Samuel Sanchez from Colombia

Colombia is a country in South America, near to Venezuela, Brazil, Panama, Peru and Ecuador. It is very hot. It has two oceans surrounding it, which are the Pacific and the Atlantic. It has 40 million people, and it produces flowers, coffee, oil, coal, clothes, cocoa, bananas, etc. and it has many tourists. It has many famous people such as: the writer, Gabriel Garcia Marquez, the 1982 Nobel Prize Winner for Literature, painter Fernando Botero, and soccer player Pibe Valderrama. It also has pretty women. It is a beautiful country. The people are very generous and very friendly.

Health Tip

By Yolanda Rebolledo from Colombia

This veggie combo fights cancer best. Research suggests that consuming broccoli and tomatoes together was better at preventing cancers than when fruits and vegetables were eaten separately. The interaction of antioxidants in the two foods maximizes their ability to stop rogue cells from developing into tumors.